

## Teacher Recommendation Form

Anusara® Yoga Teacher Training with Todd Norian and Ann Greene

*Please have this form completed by the certified Anusara teacher who taught your Immersion and submit with your Teacher Training application. If it's been more than a year since your Immersion teacher has seen you practice, then you are required to submit a **second** recommendation form from your primary Anusara teacher who has seen you practice recently or within the last month.*

Applicant's Name \_\_\_\_\_

Anusara Certified Teacher's Name \_\_\_\_\_

Address/City/State/Zip \_\_\_\_\_

\_\_\_\_\_

Email Address \_\_\_\_\_

Phone Number \_\_\_\_\_

Date you last saw her/him practice asana in your class? \_\_\_\_\_

How long has she/he studied with you? \_\_\_\_\_

How often does she/he study with you? \_\_\_\_\_

How would you describe her/his understanding of the poses and principles of Anusara?

\_\_\_\_\_  
\_\_\_\_\_

What are her/his strengths in asana? \_\_\_\_\_

\_\_\_\_\_

What are her/his weaknesses in asana? \_\_\_\_\_

\_\_\_\_\_

Did she/he complete all required Immersion homework assignments? \_\_\_\_\_

\_\_\_\_\_

Is she/he in good standing in her/his local community? \_\_\_\_\_

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Did she/he contribute harmoniously to the atmosphere and to the group in the Immersion?  
Explain. \_\_\_\_\_

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Can you wholeheartedly recommend her/him for Teacher Training at this time? If not,  
please explain why. \_\_\_\_\_

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Please provide any additional comments below. \_\_\_\_\_

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Thanks for your support and for taking the time to fill out this form.

Namaste,

Todd Norian and Ann Greene